



Up the Ladder

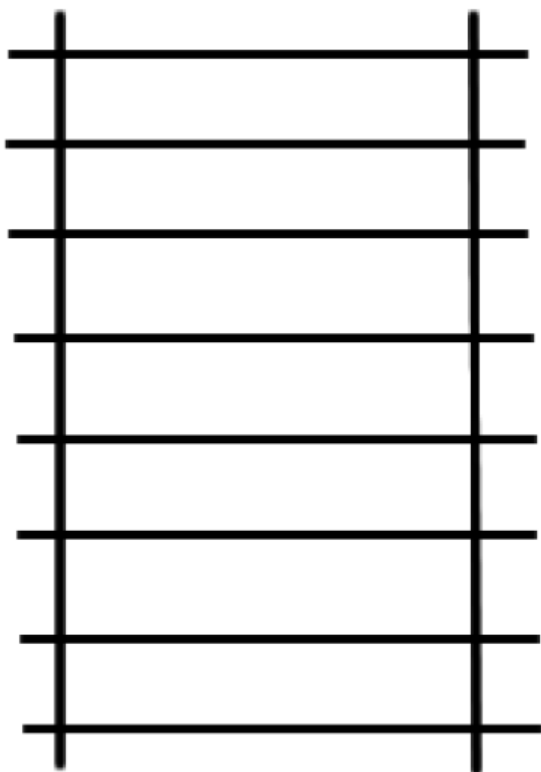
Level: Any

Timing: 10 mins

Resources: Whiteboard

Language: Lexical sets

Plan: Divide the group into teams of 4 – 6 trainees. Elicit the word ladder and draw two ladders on the whiteboard.



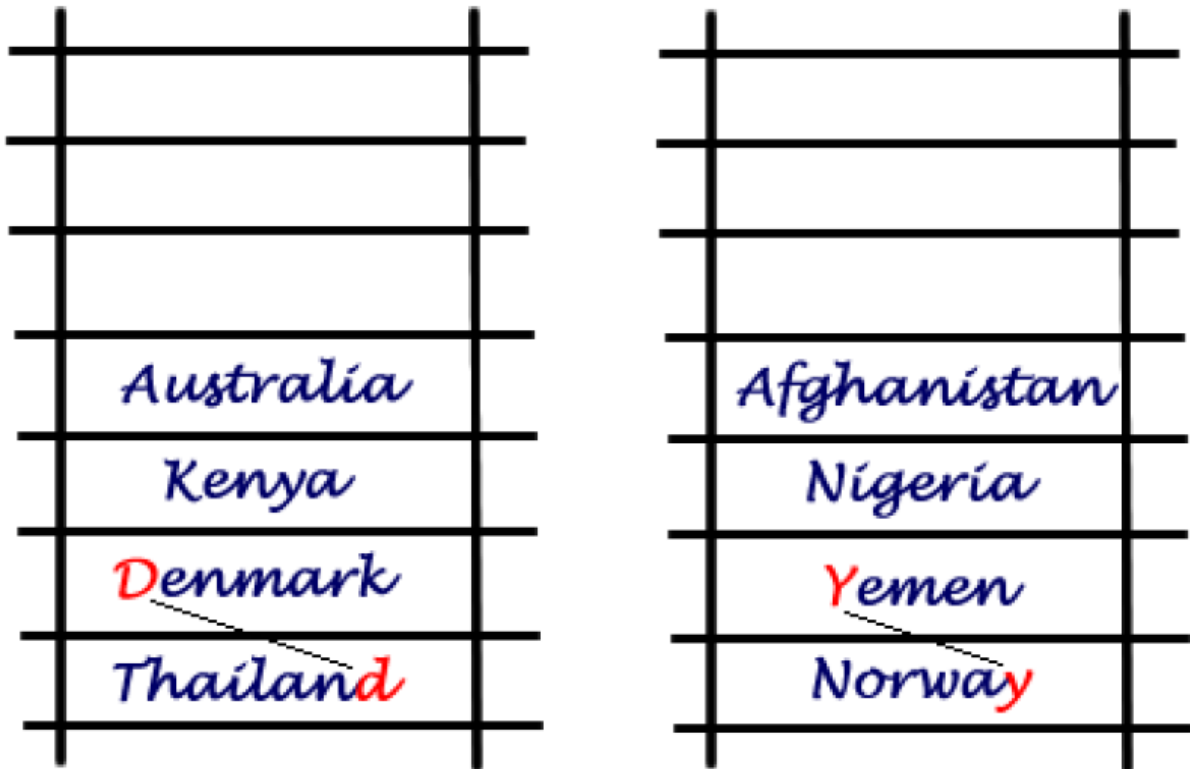
Choose a topic (e.g. countries) and get a country from each team. Write the countries on the bottom rung of the ladders on the board.

Elicit another country from each team for which the first letter is the last letter of the first country on that team's ladder.

Explain that the game is a race, and the first team to reach the top of their ladder will be the winner. Every rung of the ladder must be a country, and the last letter of one must be

the first letter of the next. Elicit more countries from each team and write them on the board.

The race is a relay, so after a trainee writes their country, they have to run back and give the pen to the next person on their team. Team-mates can shout for help but CANNOT crowd around the board.



After countries, repeat the game with other topics, depending on the trainees' level. Some suggestions are:

- Adjectives
- Animals
- Jobs
- Food/drink
- Words of 1 / 2 / 3 / 4 syllables

Alternative / Extension Activities: If you choose syllables, the game works as a good lead into syllable stress

Comments: Make sure trainees don't crowd around the board, or copy from the opposing team.