

Truth or Lie?

Level: Any

Timing: 3 mins per trainee (5 trainees = 15 minutes)

Resources: None

Language: Question forms

Plan: Bring up the subject of lying. Ask trainees if they think they are effective liars and why. Explain that you are going to send one trainee (T1) out of the room for a minute.

While T1 is outside, the rest of the group needs to think of 3 questions to ask him / her. They cannot be questions that anyone knows the answer to (e.g. *What's your name?* or *What's your job?*). They must be questions that nobody knows the answer to (e.g. *What's your favourite dessert?* or *When did you last go to the hospital?*).

Send T1 out of the room.

When everyone has decided on the 3 questions, invite T1 to rejoin the group. Explain that s/he is to answer 2 of the questions truthfully, and lie for the other one.

Example:

Group: How many brothers and sisters do you have?

T1: Two brothers

Group: Where do you like to go shopping?

T1: The Paragon Centre

Group: How many cups of coffee did you drink today?

T1: 4

After the three questions are asked, everyone in the group has to vote on which answer they think was the lie. T1 tells us the truth. Send out a different trainee and repeat the game.

Alternative / Extension Activities:

Trainees discuss strategies for lying and spotting lies

Comments: This game can be quite time-consuming, especially if it is a large group and they take a while to think up the questions. You could do half the trainees at the start of the next session. Alternatively, you could spend 5 minutes at the start brainstorming a list of 20 questions to ask. This would save time when a trainee is waiting outside, as the 3 questions could be chosen from the list.