



Adjective Analysis

Level: Any

Timing: 10 mins

Resources: Worksheet (below)

Language: Adjectives

Plan: Give each trainee a copy of the worksheet

1. On the 1st line, they should write their favourite colour, followed by 3 adjectives to describe that colour
2. On the 2nd line, they should write their favourite animal, followed by 3 adjectives to describe that animal
3. On the 3rd line, they should write their favourite food, followed by 3 adjectives to describe that food
4. On the 4th line, they should write their favourite body of water, followed by 3 adjectives to describe that body of water

This is an example answer:

1. **Red:** hot, strong & bright
2. **Cat:** moody, lazy & clean
3. **KFC:** fast, cheap & greasy
4. **Lake:** quiet, calm & deep

Explain that this is a test for them to find out about themselves. The colour, animal, food and body of water are not important, but the adjectives for each are quite revealing:

- The adjectives for **line 1** describe how the trainee **sees him/herself**
- The adjectives for **line 2** describe how **other people see the trainee**
- The adjectives for **line 3** describe the trainee's **attitude to sex**
- The adjectives for **line 4** describe the trainee's **attitude to love**

Alternative / Extension Activities:

After the trainees write the answers, collect their worksheets and distribute them randomly before giving feedback.



Adjective Analysis

Name:

My favourite ...	Three adjectives to describe this ...
Colour:	1) 2) 3)
Animal:	1) 2) 3)
Food:	1) 2) 3)
Body of Water:	1) 2) 3)